Crisis situations of women during martial law
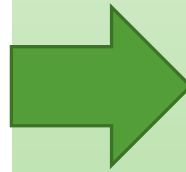
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Content and symptoms of a crisis state of personality

Crisis is a *disturbance in the functioning of the personality, embodied by a feeling of subjective distress, which arises in response to difficult circumstances and is characterized by a high level of neuropsychological tension.*

Symptoms of a personality crisis: *decrease in the level of behavioral adaptability; drop in self-esteem; primitivization of self-regulation.*

Analysis of research results by psychodiagnostic methods

The research sample consisted of 56 women, aged 22 to 69, living in Ukraine until February 24, 2022. Sample structure:

women aged 21 to 30 – 10 people (17.86%);

from 31 to 40 years old – 19 people (33.93%);

from 41 to 50 years old – 21 people (37.5%);

from 51 to 60 years old - 4 people (7.14%);

over 60 years old - 2 persons (3,57%).

Histogram of frequency distribution in the sample
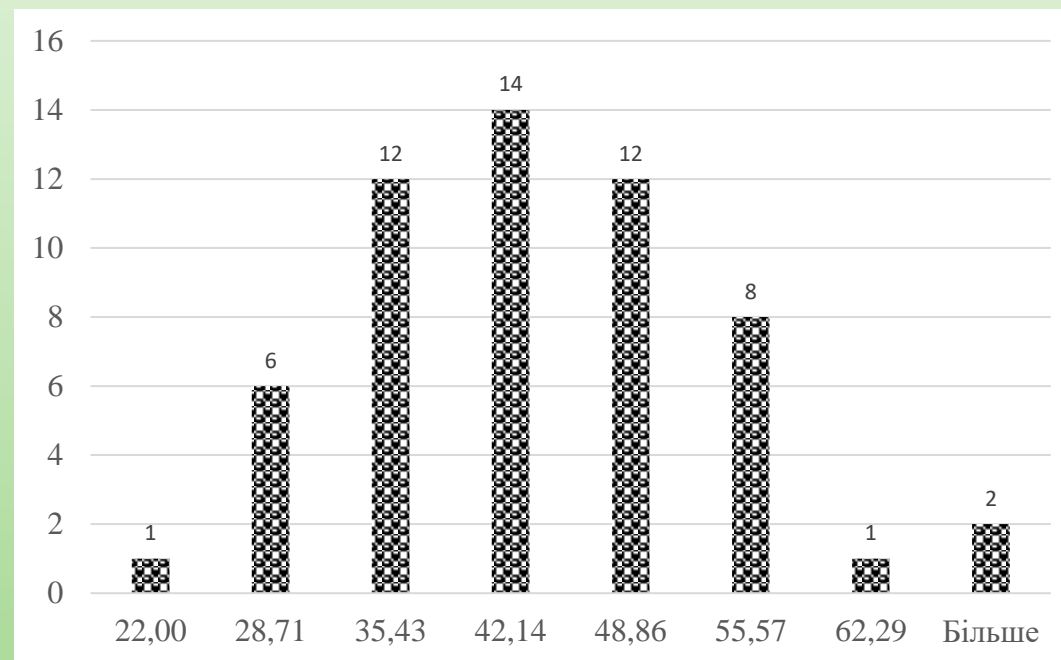
Distribution of the level of self-esteem of women according to the results of the M. Sorensen test

№	The level of self-esteem	Number of people	Percentage, %
1	Fairly good self-esteem	4	7,14
2	Mild-low self-esteem	9	16,07
3	Moderately low self-esteem	20	35,71
4	Severely low self-esteem	23	41,07
5	Total	56	100

Percentage of women by level of self-esteem
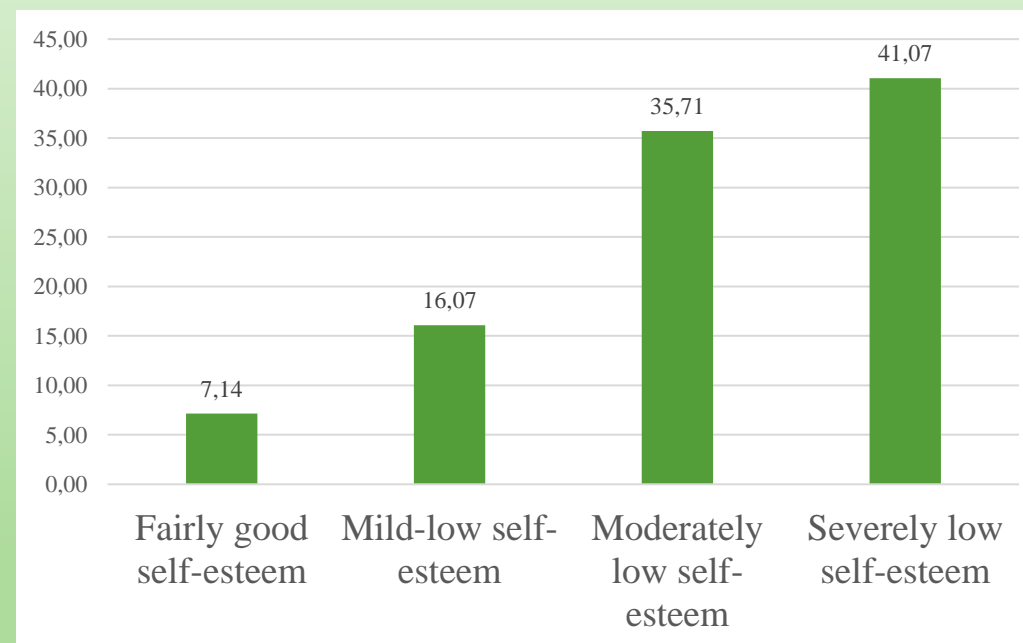
Percentage of women by level of life satisfaction

High level of life satisfaction 27%

Low level of life satisfaction 43%

Middle level of life satisfaction 30%
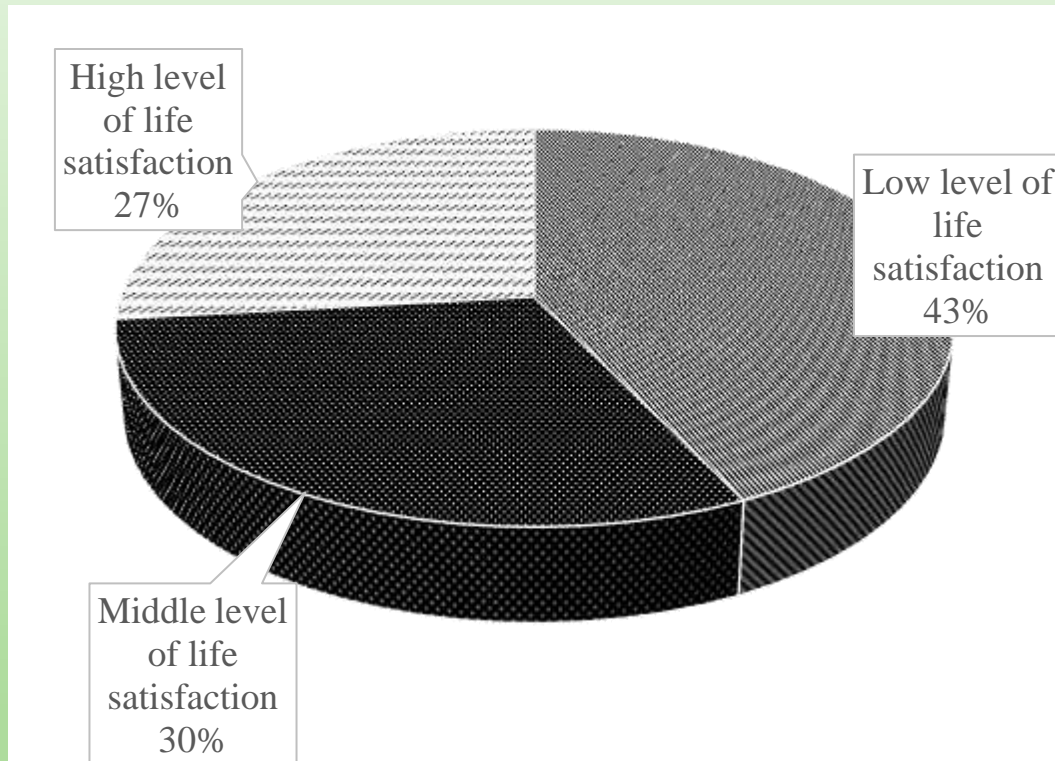
Average indicators of life satisfaction assessment scales by age groups

Age group	Life satisfaction index					
	Interest in life	Consistency in achieving goals	Consistency between set and achieved goals	A positive assessment of oneself and one's own actions	General mood background	LSIA
21 – 30	3,7	5,8	3,3	6	3,9	22,7
31 – 40	3,95	5,79	5,00	5,74	4,95	25,42
41 – 50	4,48	6,14	5,48	6,10	5,10	27,29
51 – 60	4,25	5,25	5,00	6,00	3,75	24,25
more than 60 years	6,00	6,00	3,50	6,50	4,00	26,00
Total	4,20	5,89	4,82	5,96	4,70	25,57

Average indicators of life awareness assessment scales by age groups

Age group	Areas of assessment of life awareness (LA)					
	Goals	Process	Result	Locus of control "Me"	Locus of control "Life"	The general indicator of LA
21 – 30	25,9	24	21,8	19,1	27,4	88
31 – 40	31,21	28,37	25,32	20,47	30,89	101,32
41 – 50	31,52	28,10	25,05	19,57	30,62	99,81
51 – 60	32,25	29,5	26,75	21,25	28,75	102,75
more than 60 years	28,5	28,5	22,5	18	26	93
Total	30,36	27,57	24,59	19,86	29,84	98,18
Max point	42	42	35	28	42	140

Assessment and level of depth of life changes in women under martial law

№	Gradation of points based on the results of the survey	The level of change in women's lives	Number of people	Percentage
1	0 -4	Low	19	33,93
2	5 – 9	Middle	31	55,36
3	10 - 14	High	6	10,71
4		Total	56	100,00

Diagnosis and grouping of women according to the level of psycho-emotional states by the cluster analysis

Vertical icicle plot
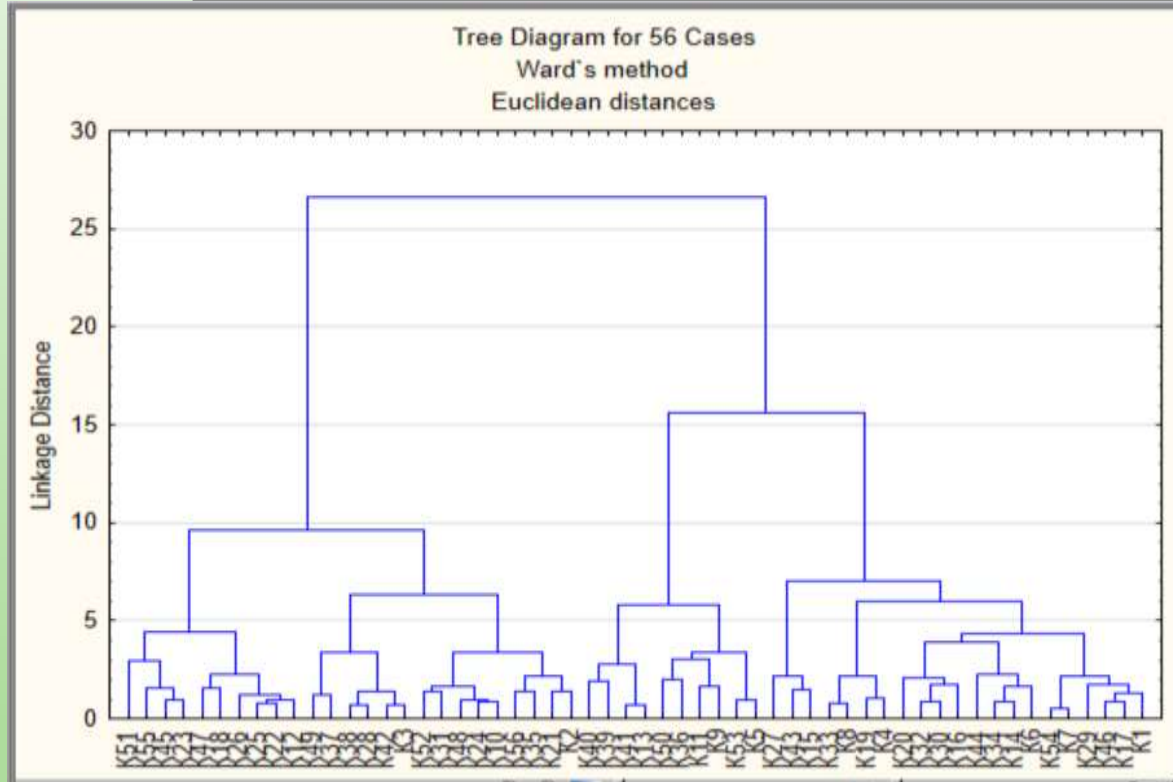
Graf of means
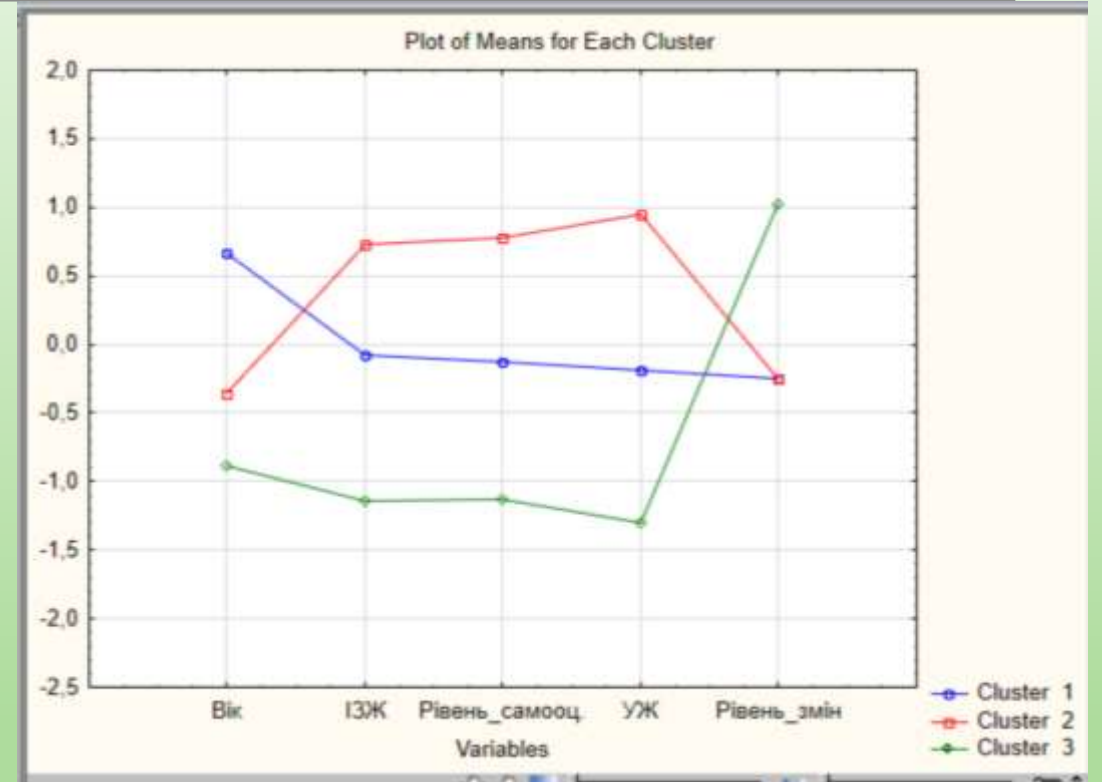
Results of a cluster analysis of a sample of interviewed women under martial law

Cluster number	Ciphers of respondents included in the cluster	Characteristics of the cluster
Cluster 1, number of objects 25	К1, К4, К6, К7, К8, К12, К14, К16, К17, К19, К20, К23, К27, К29, К30, К32, К33, К34, К43, К44, К45, К46, К51, К54, К55	The oldest age group, satisfaction with life, self-esteem, awareness of life is at an average level. The depth of changes under martial law is also estimated at an average level.
Cluster 2, number of objects 20	К2, К3, К10, К18, К21, К22, К24, К25, К26, К28, К31, К35, К37, К38, К42, К47, К48, К49, К52, К56	The average age group, level of life satisfaction, self-esteem, awareness of life are rated as the highest within the studied sample. The depth of changes under martial law is estimated at an average level.
Cluster 3, number of objects 11	К5, К9, К11, К13, К15, К36, К39, К40, К41, К50, К53,	The youngest age group, however, the level of life satisfaction, self-esteem, awareness of life is rated as the lowest within the studied sample. The depth of changes in the conditions of martial law is assessed as significant.

Analysis of variance

Variable	Analysis of Variance (Spreadsheet2 in Workbook106)					
	Between SS	df	Within SS	df	F	signif. p
Вік	22,46894	2	32,53106	53	18,30334	0,000001
ІЗЖ	25,22944	2	29,77056	53	22,45777	0,000000
Рівень_самооц.	26,65603	2	28,34397	53	24,92188	0,000000
УЖ	37,38205	2	17,61795	53	56,22810	0,000000
Рівень_змін	14,31252	2	40,68748	53	9,32183	0,000340

Thank you for your attention!